



Newsletter



Learning for Life ...to be the best you can be
"Let your Light shine" Matthew 5:16

24 November 2023

Key Dates

Wednesday 29 November, Y5/6 Tag rugby tournament, St Mary's, Roughton

Thursday 30 November, Horse Chestnut Class visit to Time & Tide Museum

Wednesday 6 December, Horse Chestnut Class wreath making 1.30-2.30

Friday 8 December, Christmas Jumper day

Friday 8 December, Oak Class wreath making 1.30-2.30pm

Monday 11 December, Christmas raffle tickets on sale after school

Wednesday 13 December, Maple Class Nativity, 2pm in the hall

Wednesday 13 December, Christmas lunch day

Friday 15 December, Author Kevin Crossley Holland visiting

Monday 18 December, No afterschool Clubs this week

Monday 18 December, Whole School trip to The Hippodrome Circus

Tuesday 19 December, Christmas Carols at St. Mary's church, 2pm

Tuesday 19 December, Friends' Christmas raffle draw

Wednesday 20 December, School Disco 3.15-5.30pm

Wednesday 20 December, Last day of term

Dear Parents and Carers

It has been a busy fortnight in school and time seems to be passing very quickly. It has been lovely to welcome families into school to see our children's learning and there are lots more opportunities coming up as we move towards the end of term.

As we all know, keeping our children safe online is really difficult in the world of new Apps and technology. It is so hard to stay a step ahead of our children and to know the best ways to help them stay safe online. To help you support your children, we have organised workshops with the NSPCC to provide tips and hints for supporting your children to stay safe online. The workshops will involve parents from other schools but you don't need to have your camera on and you are able to just sit and listen. The Zoom details are included in the Newsletter. Both workshops are the same so you only need to attend one and we really hope you will find them useful. We will also have more updates on online safety throughout the year. If there are any topics in particular which you would like us to cover, please let me know.

Have a lovely weekend

Mrs Laura Watts
Executive Headteacher
Lighthouse Foundation

NSPCC Stay safe online workshops

Topic: NSPCC online safety workshop

Time: Nov 27, 2023, 07:00 PM London

Join Zoom Meeting

<https://us06web.zoom.us/j/81329064133?pwd=AbBKnoBMd8xOnkAXlQ1rOQlnKtYoj0.1>

Meeting ID: 813 2906 4133

Passcode: 495769

Topic: NSPCC online safety workshop

Time: Dec 6, 2023, 06:00 PM London

Join Zoom Meeting

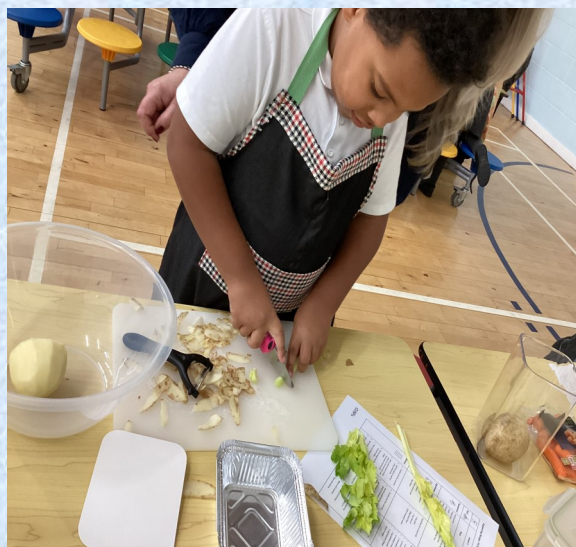
<https://us06web.zoom.us/j/82927173226?pwd=zxCusYuAQAY7YYFbtpaz829jSA1Hhx.1>

Meeting ID: 829 2717 3226

Passcode: 446474

Horse Chestnut Family Learning

Horse chestnut had a wonderful afternoon preparing soup with their families. We chopped, peeled and grated. I have loved sharing this learning with all of you and appreciate your support. We look forward to wreath making soon.



Pupil Awards

The last few week's Stars are Bobby, Ivy B, Joey, Tobias, Isabella and Sidney. Well done to you all!



Trip Reminders

A reminder that Horse Chestnut Class are going to the Time and Tide Museum on Thursday 30 November.

Hippodrome

A reminder that consent slips and medical forms need to be returned to school by **Monday 4 December** if you have not already done so, thank you.

Wreath Making

Horse Chestnut Wednesday 6 December, Oak Friday 8 December

Oak and Horse Chestnut will be wreath making very soon and parents are welcome to join us. Please start thinking about the resources you will bring to decorate these. We will provide wire, the wreath itself and glue guns. All other decorations need to be provided by yourselves. Ideas are pine cones, greenery, ribbon etc. Do let us know if you have any questions.

Christmas Lunch

This years Christmas Lunch will be on Wednesday 13 December. We have attached the online link to the booking form with this email and it can also be accessed on the school website. Please could you complete the form by **9am on Monday 4 December**. Cheese or ham school packed lunch will also be available on that day too but no jacket potatoes.

Afterschool Clubs

We will be sending the online club booking form out with our next newsletter. As from the beginning of January Wednesday Football Club will change to Gymnastics.

If your child decides they no longer want to attend a club, could you please let the school office know. Thank you.

Author visit

We are so pleased that our author Kevin Crossley Holland has rearranged his visit and will be spending the 15th of December with the children. He will be talking about the life of a writer as well as working with the children in writing workshops.

He will be bringing books to school at a reduced price. He has written books many set in Norfolk and has recently won a medal for his book 'Storm'.

Friends' News

Friends' will be holding a Christmas Raffle this year with lots of fabulous prizes. Raffle tickets will be on sale after school each day from **Monday 11 December** on the playground. The Raffle draw will be on Tuesday 19 December in the school hall straight after the Carol Service, all are very welcome and free refreshments will be provided.

Christmas Disco

Friends' will be holding a Christmas disco on Wednesday 20 December 3.15-5.30. Your child has had a copy of the disco letter sent home with them today. The closing date for buying a ticket is **Wednesday 13 December**. Children will be allowed to come in to school in their disco clothes on that day.

Christmas Post

The 'Postbox' will be in the entrance hall from Monday 4 December. If your child wishes to send Christmas cards, please help them to write names clearly on the envelopes with the name of the class, so we can ensure all cards are delivered to the correct child. Year 6 are kindly going to be our post-delivery people this year!



Christmas Jumper Day

Christmas jumper day will be on Friday 8 December. We are asking that children bring in a donation for Save The Children. Thank you

Monzu pizza

Monzu pizza will **not** be here next Thursday, but hope to be back in the Spring.

Site Safety during icy weather conditions

Please be careful to stay to the gritted areas when approaching school in the morning. The following areas will be gritted during a cold snap:

Rear of the school—from the gate, along the path to the playground.

Front of school—from gate, across playground, up the stairs and along the ramp. There will be a coned pathway across the playground.

Road Closure

We have been advised by the Highways and Transport Department that there will be a road closure near Manor Cottage, The Street, Happisburgh, on 27 November 9.30-15.30. This is due to work being carried out by Openreach.

Children in Need - Friday 17 November

The amount raised last Friday for Children In Need was £77.55. Thank you to everybody who donated.

Flu Immunisations Catch up Clinics

Catch up clinics will be offered for children who were absent on 20 November. Further information to follow.

**FRIENDS
CHRISTMAS
prize draw**

Please join us in the school hall after the church service on the 19th for our big Christmas raffle.

FREE TEAS AND COFFEES PROVIDED

Meal vouchers **Days out**

Gift cards **And much more!**

Happisburgh Primary school
19th December
From 3pm

Check out our Facebook page for an updated list of prizes.

Online safety

Workshop factsheet



Key risks

- Who they're **talking to**
 - This includes grooming and cyberbullying
- What they're **seeing**
 - Innocent searches can lead to not so innocent results
 - Children are often a few clicks away from inappropriate/harmful content
- What they're **'oversharing'**
 - Personal information, location and nude images/videos
 - Remember that when young people share online, it may never be fully private

Signs of online abuse

- **Children may not know what's happening to them**, so the signs may not always be obvious
- **Sudden, unexplained changes** are usually an indication that something's wrong
- Consider what's **age-appropriate** for your child

A child's experience online

- **Remember to focus on what your children are doing online**, not how long they spend online
- The apps and games they're using can be **multi-use** and the risks can lie in these features, eg a game can have chat features and chat apps can have games
- **The things children like to do offline are the same as online**, and the same can be applied in keeping them safe

Top tips for staying safe online

- **Talk with your child** about online safety
- **Explore their favourite apps, sites and games**, and look at the safety features, together
- Make **going online a family activity** where you support each other

Practical advice

- Keeping **younger children** safe online:
 - Supervise what they're doing
 - Check games and videos before they watch and play
 - Turn off autoplay settings
 - Put safety settings on their apps and games
 - Agree rules and boundaries together using the NSPCC family agreement
- Keeping **older children** safe online
 - Ask them what they like to use online and set these things up safely together
 - Use the latest app challenges, like TikTok dances, as a chance to explore together
 - Watch the Childline's YouTube channel films
 - Be realistic with rules, setting ones which you could follow as well
 - Remind them where they can go for support if something worries or upsets them

Getting support for you and your child

- Share **knowledge** with other parents/carers
 - What apps and games young people use
- Share **tips**
 - How do other parents keep their child safe online?
- Share **supervision**
 - Take turns supervising and supporting your child and their friends when they're online, just like you would if they were at each other's houses

Top tips for talking with your child:

1. Always **start with the positives**. Ask your child to show you what they like doing online as this will show your child that you care about what they enjoy and don't always focus on the risks
2. Make sure **they know the basics** to stay safe online, eg how to **report and block**
3. **Explore apps and games together** so you understand the apps they like to use and can make them safe to use, together
4. Remind them **they can always come to you or Childline** for support about anything

NSPCC

EVERY CHILDHOOD IS WORTH FIGHTING FOR

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Online safety

Resources for parents and carers



NSPCC resources

- For guidance on a wide range of topics, visit the NSPCC's online safety pages:
nspcc.org.uk/keeping-children-safe/online-safety
- For practical tips and real-life case studies, watch the NSPCC's parenting online series:
youtube.com/user/nspcc
- Use Talk PANTS resources to help you speak to younger children about sexual abuse online, in an age-appropriate way:
nspcc.org.uk/keeping-children-safe/support-for-parents/pants-underwear-rule

Reporting sites

- Contact CEOP if you're concerned about someone making inappropriate or sexual contact with a child online:
ceop.police.uk/safety-centre
- Report sexual images and videos of children shared online to the Internet Watch Foundation
- Report anything online which causes someone distress or harm to Report Harmful Content:
reportharmfulcontent.com

Resources for children and young people

- They can visit the Childline website for advice and information:
childline.org.uk
- Call Childline on 0800 1111 to speak to one of our counsellors about anything worrying them
- Share experiences and get peer support on the Childline message boards:
childline.org.uk/get-support/message-boards
- Contact Young Minds crisis messenger (Text YM to 85258) or visit the Young Minds website for advice about mental health:
youngminds.org.uk
- Visit Childline's online and mobile safety page to learn how to stay safe online:
childline.org.uk/info-advice/bullying-abuse-safety/online-mobile-safety
- Watch films on lots of different topics on Childline's YouTube Channel (aimed at young people aged 13-18):
youtube.com/user/childline



For more advice or information, contact our trained helpline counsellors on:

0808 800 5000 or help@nspcc.org.uk

If a child is in immediate risk of harm then call 999

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ATTLEBOROUGH

SATURDAY

ATTLEBOROUGH ACADEMY

CITY ACADEMY

MONDAY

CITY ACADEMY NORWICH

EASTON

WEDNESDAY

EASTON COLLEGE

HELLESDON

TUESDAY

HELLESDON HIGH SCHOOL

LODDON

THURSDAY

HOBERT HIGH SCHOOL

AYLSHAM

MONDAY & FRIDAY

AYLSHAM HIGH SCHOOL

DEREHAM

WEDNESDAY

DEREHAM NEATHERD HIGH SCHOOL

FRAMINGHAM EARL

TUESDAY

FRAMINGHAM EARL SPORTS CENTRE

HETHERSETT

MONDAY

HETHERSETT ACADEMY

LONG SUTTON

FRIDAY

PEEL LEISURE CENTRE



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MORE INFORMATION
or visit premier-education.com/holiday-camps



Based on over 19,000 reviews



CHRISTMAS HOLIDAY CAMPS

Sports Camp Activities Include

- MULTI SPORTS
- DODGEBALL
- NERF COMBAT
- BASKETBALL
- TAG RUGBY
- AND MUCH MORE!

Creativity Camp Activities Include

- FREE PLAY
- ARTS AND CRAFTS
- FILMS
- DEN BUILDING
- BOARD GAMES
- CARDS

Regular Time (9am - 3pm) - £16
Extra Time (8:30am - 4pm) - £20
3 Regular Time Spaces - £8 Credit Earned
3 Extra Time Spaces - £10 Credit Earned

Children will need a packed lunch, plenty to drink, suitable clothing/footwear and bundles of energy for the day!

MULTI-BOOKING REWARD:
 When booking multiple spaces, you will be rewarded with account credit, which can be redeemed on future camps! The credit you earn through our multi-booking deal will be added to your iPal account wallet. 😊
 To redeem your credit, you **MUST** get in touch with us, confirming you have booked 3 or more spaces.

HOW TO BOOK:

- Head to the 'Camps and Clubs' section on our website and create an account on our booking system, iPal. After an account has been created and your child has been registered, you will find a list of our camps to book onto.
- There is a tutorial video on our website showing how to use the system!

Ages 5-12 Years Old

www.activeeducation.info/camps-and-clubs

CONTACT US
 07399520948
office.activeeducation@gmail.com

ROUGHTON ST.MARY'S PRIMARY CHRISTMAS SCHEDULE

Creativity camps will run alongside our normal sports camps, same venue, same times, **SAME PRICE!**

If children wish to jump from creative to sports or vice versa at any point throughout the day, they are welcome to do so.

DATE	ACTIVITY
Thursday 21st December	Multi Sports & Creativity Camp
Friday 22nd December	Dodgeball/Nerf & Creativity Camp