

Curriculum Overview 2023-24

Key Stage 1 – Year R/1/2 Class – Maple						
	Autumn		Spring		Summer	
Teacher Led REAL PE	Foot work/one leg balance	Jumping & landing/seated balance	Balance on a line/static balance	Ball skills/counter balance	Sending & receiving/ reaction & response	Ball chasing/ static balance
Premier Sports	Multi Skills	Gymnastics	Multi Skills	Athletics	Invasion Games	Striking & fielding

Lower Key Stage 2 – Year 3/4 Class – Horse Chestnut						
	Autumn		Spring		Summer	
Teacher Led REAL PE	Foot work/one leg balance	Jumping & landing/seated balance	Balance on a line/Ball skills	Sending & Receiving/count er balance	Reaction & response/ Floor work	Ball chasing/ stance
Premier Sports	Net & Wall	Gymnastics	Invasion Games	Athletics	Invasion Games	Striking & fielding

Upper Key Stage 2 – Year 5/6 Class – Oak						
	Autumn		Spring		Summer	
Teacher Led REAL PE	Foot work/one leg balance	Jumping & landing/seated balance	Balance on a line/Ball skills	Sending & Receiving/counter balance	Reaction & response/ Floor work	Ball chasing/ stance
Premier Sports	Net & Wall	Gymnastics	Invasion Games	Athletics	Invasion Games	Striking & fielding