

# NON-DAIRY MENU



## WEEK 1

Week Starting :

7 Sept/21 Sept/5 Oct/19 Oct/9 Nov/23 Nov/7 Dec/4 Jan/18 Jan/1 Feb/22 Feb/8 Mar/22 Mar

## WEEK 2

Week Starting :

14 Sept/28 Sept/12 Oct/2 Nov/16 Nov/30 Nov/14 Dec/11 Jan/25 Jan/8 Feb/1 Mar/15 Mar

**MONDAY**

**Margherita Pizza**  
with Potato Wedges and Rainbow Salad  
*(v) Jacket Potato with Veggie Mince Bolognese and Vegetable Medley*

**Iced Fruit Smoothie**

**TUESDAY**

Oriental Beef Meatballs with Noodles,  
Green Beans and Sweetcorn  
*(v) Jacket Potato with DF Cheese, Baked Beans and Rainbow Salad*

Beetroot Brownie

**WEDNESDAY**

Roast Chicken  
*(v) Veggie Sausage*  
with Roast Potatoes, Carrots, Garden Peas and Gravy

Apple Flapjack

**THURSDAY**

Jacket Potato with Beef Bolognese, **DF Cheese**  
and Broccoli  
*(v) Homemade Sweet Potato and Lentil Curry with Steamed Rice and Broccoli*

**Berry Muffin**

**FRIDAY**

Breaded Fish Fingers  
*(v) Garden Vegetable Goujons*  
Chips  
Garden Peas or Baked Beans  
Bitesize Cocoa Oatcake with Orange Wedges

Breaded Chicken with Garlic Mayo in a Wrap  
with Potato Wedges and Cucumber  
*(v) Jacket Potato with DF Cheese, Baked Beans and Rainbow Salad*

**Bitesize Oaty Bar** with Orange Wedges

**Margherita Pizza** with  
Cous Cous and Rainbow Salad

*(v) Jacket Potato with Veggie Mince Chilli and Vegetable Medley*

**Homemade Cupcake**

Sausages  
*(v) Veggie Sausage*  
with Roast Potatoes, Carrots, Garden Peas and Gravy

**Iced Fruit Smoothie**

Jacket Potato with **Homemade Chicken Curry**  
and Rainbow Salad

*(v) Tomato Pasta with DF Cheese, Broccoli and Sweetcorn*

Orange Cupcake

Breaded Fish Fingers  
*(v) Garden Vegetable Goujons*

Chips  
Garden Peas or Baked Beans  
Mini Shortbread with Melon Wedge

### Acceptable Jacket Fillings

1. **Dairy Free Cheese and Baked Beans**
2. **Beans**
3. **Dairy Free Cheese**
4. **Tuna**

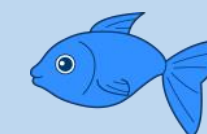
### Acceptable Desserts

1. **AA - Cakes/Muffins**
2. **Iced Fruit Smoothie**

### Acceptable Accompaniments

1. **Steamed Rice**
2. **Pasta**

*This menu is not suitable for those who need to avoid Fish or Sodium Dioxide*



*Whilst every precaution has been taken to avoid cross contamination. No guarantee can be given for the absence of allergens*